



FUSION CHOCOLATE SHAKE

Great tasting and balanced nutrition on the go!

Rebuild, Perform, Energy*

A luxurious complex meal, with high quality ingredients and a composition which, in addition to creating a nutritious diet, helps to reduce the feeling of fatigue. Therefore it can be used both in conjunction with a weight-reduction diet or as an easy-to-prepare meal in a busy day in order to achieve well-being and to provide the body a precise combination of high quality ingredients equivalent to a meal. Dosed in portion pouches that are practical and easy to store and consume, making B:HIP Fusion ideal for life on the move. The product is available in two flavours: Vanilla and Chocolate.

Highlights

- FAT: 2.7g
- PROTEIN: 48.4g.
- FIBRE: 31.1g.
- SUGAR: 0
- LACTOSE: 0
- BB12 PROBIOTICS

Rebuild, Perform, Energy*

*This product contains among others Vitamin C and B vitamins 3,6 and 12. The words Rebuild, Perform, Energy refers to the EFSA Health Claims, that these ingredients have.

- ✓ Vitamin B3, B6 and B12 contributes to a normal energy-yielding metabolism
- ✓ Vitamin B3 and B12 contributes to a reduction of tiredness and fatigue
- ✓ Vitamin C contributes to a reduction of tiredness and fatigue
- ✓ Vitamin C contributes to a normal energy-yielding metabolism
- ✓ Vitamin C Contributes to a protection of the cells from against oxidative stress.

Ingredients

Whey protein, Cocoa 8% (*Theobroma cacao*), Peaprotein, Inolin (*Chicorium intybus* L.), stabilizer: Acacia gum, texture agent: Maltitol, , stabilizer: Maltodextrin, Vitamin and mineral mix (Potassium (potassium citrate), Calcium (Calcium carbonate), Sodiumchloride, Magnesium (magnesium carbonate), Vitamin C (ascorbic acid), Niacin (Nicotinamide), Vitamin B6 (pyridoxine hydrochloride), Iron (iron pyrophosphate), Vitamin E (dl-alpha tocopherol), Zinc (zinc gluconate), Pantothenic acid, Riboflavin, Thiamin (thiamin hydrochloride), Manganese (manganese gluconate), Copper (Cupric gluconat), Vitamin A (retinyl acetate), Folic acid (Pteroylmonoglutamic acid), Iodide (potassium iodide), Selenium (sodium selenite), Chromium (Chromium chloride), Biotin (d-biotin), Vitamin D (cholecalciferol), Vitamin B12 (cyanocobalamin)), Sodium Tripolyphosphate, stabilizer: Silicon dioxide, Citrus pectin, natural aroma: Vanilla, Psyllium (*Plantago psyllium* L.), thickener: Xanthan gum, sweetener: *Steviol glycosides-A extract from stevia*, *Lactobacillus bifidus* (BB-12).

Nutritional values

Nutritional information	Per portion powder	100g powder	Finished product incl. 300 ml skim milk (0,5% fat)
Energy	115 kCal / 483 kJ	385 kCal / 1612 kJ	211 kCal/ 882 kJ
Fat	0,8g	2,7g	2,1g
Saturated fatty acids	0,7g	2,3g	2,6g
Monounsaturated fatty acids	0,1g	0,2g	0,3g
Polyunsaturated fatty acids	0,0g	0,0g	0,0g
Carbohydrate	12,1g	40,4g	23,9g
- hereof sugar	0,4g	1,2g	12,2g
Protein	14,5g	48,4g	23,3g
Fibre	9,3g	31g	9,3g
- hereof water-soluble fibers	5,4g	18g	5,4g

Vitamins and minerals

Contains	Amount	% RI**	Amount	% RI**
Vitamin A	210 µg	30	700 µg	90
Vitamin C	15 mg	20	50 mg	65
Vitamin D	1,6 µg	30	5,6 µg	105
Vitamin E	3,0 mg	25	10 mg	85
Thiamin, Vitamin B1	0,4 mg	35	1,2 mg	120
Riboflavin, Vitamin B2	0,48 mg	35	1,6 mg	125
Niacin, Vitamin B3	5,5 mg	35	18,3 mg	115
Panthenic, Vitamin B5	1,0 mg	15	3,3 mg	55
Pyridoxine, Vitamin B6	0,45 mg	30	1,5 mg	105
Biotin, Vitamin B7	8,0 µg	15	26,6 µg	55
Folic acid, Vitamin B9	60 µg	30	200 µg	100
Cyanocobalamin, B12	0,42 µg	15	1,4 µg	55
Potassium	700 mg	35	2333 mg	115
Calcium	210 mg	25	700 mg	90
Magnesium	112,5 mg	30	375 mg	100
Iron	5 mg	35	16,6 mg	120
Zinc	3 mg	30	10 mg	100
Copper	0,35 mg	35	1,17 mg	115
Manganese	0,30 mg	15	1,0 mg	50
Sodium	210 mg	40	700 mg	135
Iodine	40 µg	25	133 µg	90
Selenium	16,5 µg	30	55 µg	100
Chromium	12 µg	30	40 µg	100