

THE BAR

CHOCOLATE
PROTEIN BAR

YOUR PERSONAL B:HIP DISTRIBUTOR IS:

High protein LOW SUGAR!

The Bar is for you if you fancy a little **snack** but want to keep it **healthy**. **The Bar** is a source of **protein**, which helps to **restore** and **build muscle tissue**.

This **delicious** snack is a healthier choice when you need a fast, protein **rich meal** that is handy to take along when you are on the go or in your **training bag**.

The Bar has a high **protein** content, with delicious **creamed caramel**, sprinkled with **crisp chocolate** pieces with a **brownie flavour**, all coated in light, **low-sugar chocolate**.

Snacks are important during the day, to top up your body's "**fuel**" and to give you the **energy** you need for all the day's activities. They make it easier to maintain a **healthy lifestyle**, because your **blood sugar** is stabilised, so the craving for sweet things is reduced.

Snacks also help to **regulate your appetite** and to avoid overeating at main meals.



USE: Enjoy one or two bars a day between main meals to maintain a good energy level.

Use this product as a healthier option and as part of a varied diet and a healthy, active lifestyle.

Other active ingredients in **THE BAR**:



COCONUT
OIL



CONDENSED
MILK



VANILLA
EXTRACT



COCOA
POWDER



SOYA
LECHITIN



SALT

The Bar gives you:

- A feeling of **fullness**;
- A rapid source of **energy**;
- A **healthier** snack;

NUTRITION HIGHLIGHTS

- **Low Sugar**
- **Fiber:** 1,2 g.
- **Protein:** 30 g.
- **Polyphenol-C™**
Blend from **ENI**
- **Cocoa** Extract